

ALTERNATIVE MEDICINE SPECIALIST OF THE YEAR

Sabine Schmitz (MMed TCM, China)

Based in the centre of Cologne, Sabine Schmitz' TCM practice is specialising in Chinese dermatology, gynaecology and fertility treatments. From acupuncture and Chinese herbal medicine, her practice offers an array of TCM treatments methods. Founder, owner and Traditional Chinese Medicine (TCM) practitioner, Sabine Schmitz, has a Master's degree in Chinese Dermatology from the Zhèjiāng Chinese Medical University (Hangzhou, China) and more than a decade experience in treating complex skin diseases and women's disorders. She is also the author of specialist books and articles, and is currently working on the first TCM dermatology handbook series written by a Western TCM Doctor – as well as being the founder of CHINAMED COSMETICS, which provides modern herbal TCM cosmetics for daily skincare.

The judges praised Sabine Schmitz for providing a natural but effective option to those who have struggled to find relief. Unlike conventional western medicine, which typically identifies specific illnesses and treats individual symptoms, Sabine's holistic approach looks at the entire context and determines ailments from within functional structures. The judges also praised the tailored service, where effective and unique treatment plans are created for each patient. Her work contributes significantly to the spread of TCM in Germany.



SABINE SCHMITZ
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TO CHINESE HERBAL
MEDICINE, SABINE
SCHMITZ PROVIDES
LEADING TCM TREATMENT
METHODS TO COMBAT A
NUMBER OF CONDITIONS.**

